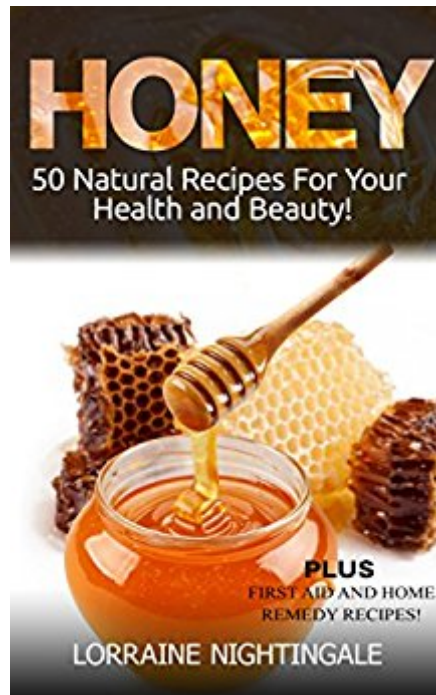




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HONEY: 50 Natural Recipes For Your Health And Beauty



Synopsis

Honey is truly sweetâ |Not just in taste, but also in essence. Most people only use honey in their baking and cooking needs; to some extent, it is also being mixed with sugar to prepare a body scrub, but other than that and the fact that you â œdrinkâ • it when your throat is sore, how else can you maximize this sweet ingredient? With this book, I can show you 50 ways to twist honey for your benefit. Whether you want to be healthy or you want to achieve a certain degree of control in your beauty products, this book is worth it! What are you waiting for? Download it now!

Book Information

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Customer Reviews

VERY HAPPY WITH ITEM AND SERVICE

Very good information.

I travel a LOT all over the world and I do it all with a carryon backpack. I can't always afford the room and luxury of carrying face cream, face wash, medicine and other various products that this

book covers with all natural ingredients. No matter where I am, I can find honey and usually the other things this books talks about too, like ginger and yogurt. These recipes have helped me save so much room and work just as great as the products you buy in the store, not to mention they're WAY better for you. They are simple but effective.

Along with coconut oil, honey is the one ingredient that I use regularly. This book has a lot of simple to do beauty and health recipes that do not require much effort other than simple household tools and easily accessible ingredients (and honey of course).I appreciate anything that is quick to make and easy to create, and most of the recipes in this book provide just that.My girlfriend loves natural beauty solutions, she uses the book even more than I do!

I am still enjoying this book. Since I placed it on my Kindle, it is easy to look up the recipes while shopping. Great book!

the recipes are simple and easy and very helpful

I love this book because it doesn't go into boring detail about honey. Just mostly recipes. Can't wait to try some of them.

I love the tips

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